

2nd edition

Transforming Possibilities



A Supplemental Newsletter Providing Information & Updates on Progress Resulting from our Balancing Incentive Grant

Relevant Terms & Concepts:

Balancing Incentives Program (BIP):

The Balancing Incentive Program authorizes grants to States to increase access to non-institutional long-term services and supports (LTSS). The Balancing Incentive Program will help States transform their long-term care systems by:

- Lowering costs through improved systems performance & efficiency
- Creating tools to help consumers with care planning & assessment
- Improving quality measurement & oversight

The Balancing Incentive Program also provides new ways to serve more people in home and community-based settings, in keeping with the integration mandate of the Americans with Disabilities Act (ADA), as required by the Olmstead decision. The Balancing Incentive Program was created by the Affordable Care Act of 2010 (Section 10202).

Olmstead Act:

Supreme Court's decision in *Olmstead v. L.C.*, a ruling that requires states to eliminate unnecessary segregation of persons with disabilities and to ensure that persons with disabilities receive services in the most integrated setting appropriate to their needs.

Earlier this year Wayne ARC was awarded a Balancing Incentives Program (BIP) Grant through the Office of People with Developmental Disabilities. The BIP funding was created to provide unique opportunities to engage developmental disabilities providers, advocates and local governments in developing systemic improvements that address barriers encountered when working to transform the system of care for individuals with developmental disabilities. The \$203,570 grant awarded to us is underwriting



3 Major Initiatives ...

1. the transformation of the sheltered workshop program and current vocational services into a series of new and expanded micro-businesses that will offer competitive employment opportunities to the people we serve

The Vocational Redesign team continues to work with Catapultian on the business project. Our goal is to develop jobs in Newark that pay at or above minimum wage and to provide integrated work settings for persons with and without developmental disabilities.

Our current vision is to renovate 150 Van Buren Street, facing the Erie Canal and Van Buren Street, from what is now the cafeteria to the residential offices. This front of this section of the building would be transformed into a Street of Shops including a print shop and mailing service, a bakery and coffee house, a deli and an ice cream shop. We currently visualize a relatively open floor plan for the eateries.

Behind each business would be a training area where individuals would receive the training to work successfully in that business. We envision these folks moving up to work in the business itself. We also plan to train individuals from other communities in food service, culinary, janitorial, printing and mailing, and other areas, so that they can take the skills home and gain employment in their own communities.

Wayne ARC, a parent based organization, advocates for and serves persons of all ages with or without special needs. The Agency assists individuals in taking their full, independent, productive place in society through an array of quality individualized services.

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Home & Community Based Services (HCBS):

Home and Community-Based Services (HCBS) provide opportunities for Medicaid beneficiaries to receive services in their own home or community. These programs serve a variety of targeted populations groups, such as people with mental illnesses, intellectual or developmental disabilities, and/or physical disabilities.

Personal Outcome Measures (POMs):

Developed by the Council on Quality and Leadership (CQL), POMs is a list of 21 personal outcome questions designed to measure if the person is supported in a way that achieves the outcomes that are most important to them. These outcome measures focus on a person’s uniqueness and evaluate the effect of the supports in place through the lens of the person.

Council on Quality Leadership (CQL) :

Provides training, accreditation and customized consultation to human service organizations and systems that share their vision of dignity, opportunity and community for all people. Wayne ARC was recently awarded 3 Year Accreditation following an extensive review process.

Transformation Agenda:

A series of shared goals identified by New York State and the Centers for Medicare & Medicaid Services (CMS) that will improve opportunities for individuals with developmental disabilities in the areas of employment, integrated living, and self-direction of services.

2. the development of residential options that comply with the Home and Community Based Services (HCBS) waiver and the Olmstead Act, offering individuals living in residential programs greater choice in housing and integrated supportive services

The project is full steam ahead. Wayne ARC currently offers very traditional residential supports, group living designs, and with the guidance of our BIP consultant Mr. Chris Liuzzo, our agency would like to create more individualized housing options. With that being said, the last few months have been spent building our internal capacity to continue this kind of individualized planning and development even when the BIP grant has expired. Our agency has had the opportunity to visit with and learn from Leaders involved in Person Centered work such as Beth Mount, David Pitonyak, Michael Smull, and Carol Blessing. We are participating in NYSACRA sponsored trainings related to technology, Person Centered Planning, social role valorization, and customized employment. An agency lead team has been organized and meets every month to discuss training, development, and person centered philosophies. Lead team members are the “cheerleaders” of this redesign and are expected to share their experiences with others at Wayne ARC and in the community. Lead team members include; Jennifer Jones, Alicia Bell, Charisse Lash, Donna Granger, Connie Jones, Melissa Kumkey, Jennifer Simpson, Tiffany DeCook, Danielle Swan, Ashley Tack, Kim Donaldson, Jaime Arnitz, Jessica Snyder, and Sam Stone. Wayne ARC has also met with real estate experts discussing housing stock in Wayne County and financial options for future development.

3. the education and training of staff in Personal Outcome Measurements (POMs) to ensure that the services we provide are person-centered and reflect CQL certification outcomes

We continue to focus on the 21 outcomes measures from the POMS interviews and will use this data to help define future goals for individuals, their families and programs. We have 26 staff who are trained as interviewers and have approximately 42 individuals interviewed since the workshops through CQL has ended. We have 2 certified reliable interviewers. We will hold another round of interviews in October to close out the year.

3 KEY FACTORS & 21 PERSONAL OUTCOME MEASURES ®	
<p>My Self Who I am as a result of my unique heredity, life experiences and decisions.</p>	<ul style="list-style-type: none"> • People are connected to natural support networks • People have intimate relationships • People are safe • People have the best possible health • People exercise rights • People are treated fairly • People are free from abuse and neglect • People experience continuity and security • People decide when to share personal information
<p>My World Where I work, live, socialize, belong or connect.</p>	<ul style="list-style-type: none"> • People choose where and with whom they live • People choose where they work • People use their environments • People live in integrated environments • People interact with other members of the community • People perform different social roles • People choose services
<p>My Dreams How I want my life (self and world) to be.</p>	<ul style="list-style-type: none"> • People choose personal goals • People realize personal goals • People participate in the life of the community • People have friends • People are respected