

## COMMUNITY SERVICE PROGRAMS WE OFFER

### Waiver Programs:

- Community Habilitation
- Respite (In-home and Group Respite)
- Family Education and Training

### Non-Waiver Programs:

#### Family Support Services

- Behavior Management
- Parenting for Success
- Home-Makers
- Family Reimbursement
- Parent Support
- After-School Program
- Family Support Transportation
- Recreation

All Community Services Programs, including Family Support Services, are available to anyone who has OPWDD eligibility and lives at home with a family member. Additionally, Community Habilitation is able to serve those who live independently within the Community.

## who we are

Established in 1964 by the parents of 6 children with developmental disabilities, Wayne Arc has evolved to serve over 1600 individuals of all ages at 20 locations throughout Wayne County.

## our mission

Wayne ARC, a parent based organization, advocates for and serves persons of all ages with or without special needs. The Agency assists individuals in taking their full, independent, productive place in society through an array of quality individualized services.

## contact us

### Community Services Program

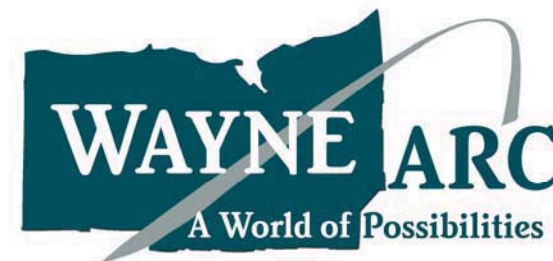
Email:

[info.csp@waynearc.org](mailto:info.csp@waynearc.org)

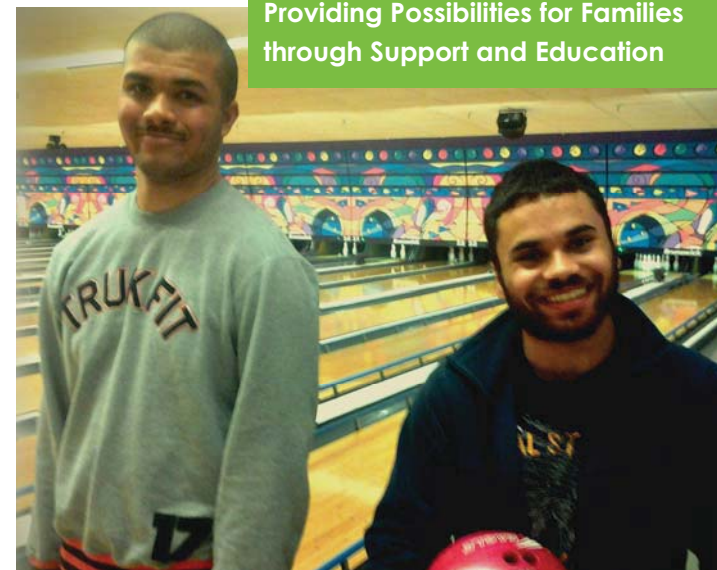
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Providing Possibilities for Families through Support and Education



# Community Services Program



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a Program of Wayne Arc

## Community Services Programs

### Waiver Programs

Must be Medicaid waiver enrolled to participate.

### Community Habilitation

To assist people in maintaining or increasing their independence and skill level, staff can provide skill training in the following areas:

- Personal hygiene /self care
- General household chores
- Mobility training
- Personal health care
- Financial management
- Appropriate social behaviors

Maximum of 6 hours per week individually or within a group is allowed.

### Respite Services

An opportunity to give family an occasional break.

#### Adult Group Respite

A weekly opportunity for adults to get together and socialize with peers giving the family an occasional break. Usually from 6:30– 8:30pm.

#### Youth Group Respite

Every Saturday 9-2:30-pm, involving children ages 3-18 to have the opportunity to join our fun-filled youth group respite.

In-Home Respite available for families who need an in-home provider to give them an opportunity to run errands or to simply enjoy a fun night out.

### Family Education and Training

Providing parents with information to educate them on available services and to enhance the cohesiveness of the family unit.

A monthly newsletter is sent to families to keep them updates on any news and scheduled events for the month. All respite, recreation, FET and family support events will be included. If you would like to be added to our mail list, please email us at [info.csp@waynearc.org](mailto:info.csp@waynearc.org). To view it online, like us on facebook or visit [www.waynearc.org](http://www.waynearc.org).

## Family Support Services

### Non-Waiver Programs

#### Behavior Management

Staff is available to offer support, guidance, and suggestions on ways to increase safety and improve the overall quality of life within the family unit. Behavior guidelines and visual supports may be incorporated. Crisis intervention includes a prompt response and linkage to additional supports needed.

#### Parenting for Success

This program is designed to assist a parent who has an intellectual disability. Staff is available to offer support and positive parenting techniques. Support may include attending doctor appointments, school meetings and general information on their child's age specific milestones.

#### Home-makers

This is an individual program based on the idea of *Person Centered Planning*. Staff may provide respite or assistance with any daily living activities as needed.

#### Family Reimbursement

Individuals may be eligible to receive up to \$1,500 per year in order to assist with the increased expenses associated with caring for their loved one. This money is not guaranteed and applications with original receipts and justifications must be submitted monthly through November to be approved.

#### FSS Transportation

This program helps families that have limited or no means of transportation to attend respite/recreation events.



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### Parent Support Group

Available to anyone who lives in Ontario, Seneca, Wayne or Yates Counties. Quarterly informational meetings are held at Wayne ARC. Topics of previous presentations have included: "Apps for Autism," "Understanding the CSE Meeting," "Transitioning into Adult Services," etc.

### Recreation

Special outings are planned monthly to provide opportunities for community inclusion, fun and socialization. A themed dance is held monthly and events vary depending on the time of year. Regular activities include: baseball games, hockey games, movie nights, music on the canal, and car shows during the warmer months. Minimal fees may apply.

### After-school Program

This program provides after-school respite to school-aged children with high medical and behavioral needs from 2:30-6:30pm each school day. This program focuses on arts and wellness based on the child's individual needs.

### Everybody Rides

This is a therapeutic horse-back riding program that offers an opportunity to improve muscle tone, posture, balance, special orientation, and core strength. There is an additional cost but scholarship assistance is available based on financial needs.

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