

Wayne ARC Day Habilitation programs are community-focused services that assist individuals to acquire, retain or improve their self-help, socialization and adaptive skills. Activities and environments are designed to foster the development of each individual in the areas of:

- communication
- socialization
- independence
- travel
- community inclusion
- relationship building
- self-advocacy and informed choice
- mental and psychological well-being
- artistic expression
- physical health

Program Highlights:

- Volunteer Opportunities
- Community Experiences
- Exercise programs
- Movement and Dance
- Greenhouse Initiative
- Cooking Skills
- Relaxation Techniques
- Aromatherapy
- Senior Exercise Activities
- Music and Auditory Activities
- Fine Motor and Gross Motor Activities
- Nature Experiences
- Community Art Presentations and Experiences
- Painting, Sculpting, Sewing
- Dance, Singing, Piano Instruction

Socialization through Recreation Program

The Socialization through Recreation Program offers opportunities to meet new people, improve interpersonal and social skills, gain self-confidence, reduce stress, improve communication, and most importantly, to have fun! Events within the program are based on individual preferences regarding what they would like to see or do in the community.

Health Wellness Program

The Health Wellness program is designed to be an active platform for learning and choice-making that increases a person's overall well-being. The program assists the person to develop a complete understanding of physical, mental and social well-being.



Canal Side Arts Program

The elements of art cross the boundaries of individual expression and style. The goal of the Canal Side Arts Program is to expose an individual to the various branches of creative activity, such as painting, music, literature, and dance. Each individual will be provided the necessary supports to participate in or produce original and aesthetically pleasing works of individual expression.

Sensory Program

The Sensory Program provides an innovative approach to developmental learning. This approach highlights the five senses (sight, sound, scent, taste and touch) through various interventions allowing individuals to better integrate sensory messages.

Retirement Program

The Retirement Program offers supervised activities, peer support, companionship and recreation. The goal is to allow older adults and those with chronic conditions as much independence as possible. The program emphasizes supervised group activities such as crafts, gardening, exercise and daily living skills.

The Greenhouse

The goal of the Greenhouse Program is to provide a wide range of education & training programs. The program helps build people's interest in horticulture, environmental issues and contributes to the beautification of our county. Through this program individuals will learn various techniques of plant propagation and plant care. They are also introduced to organic gardening techniques including seedling production, planting, weeding and harvesting. Individuals who participate in this program will gain practical experience in composting, landscaping, short-crop farming and distribution.





created by Canal Side Arts program participants

Individuals accessing day habilitation often contribute to their communities through volunteer work. We provide numerous and diverse community inclusion options. Recreational activities are offered on a daily basis.

Day Habilitation plans are individualized. Our goal is to promote independence and productivity in each person.

We support a variety of people, including those who require a higher level of care, including persons with dementia.

who we are

Established in 1964 by the parents of 6 children with developmental disabilities, Wayne Arc has evolved to serve over 1400 individuals of all ages at 20 locations throughout Wayne County.

our mission

Wayne ARC, a parent based organization, advocates for and serves persons of all ages with or without special needs. The Agency assists individuals in taking their full, independent, productive place in society through an array of quality individualized services.

contact us

Day Habilitation

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Locations:

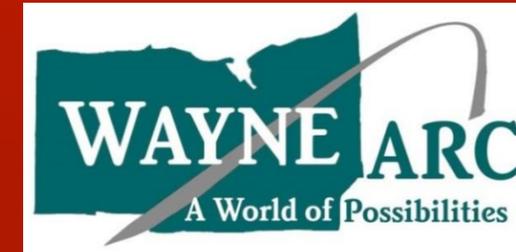
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Day Habilitation



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